

NEWS RELEASE

FOR IMMEDIATE RELEASE

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Shakti Rising Receives \$30,000 from the Parker Foundation to Support the Transformational Recovery Program

San Diego, CA, August 8, 2008: The Parker Foundation recently granted \$30,000 to Shakti Rising to support the Transformational Recovery program. The Parker Foundation's generous grant will enable Shakti Rising to develop the necessary infrastructure to double its service capacity in 2009.

"In San Diego there is an overwhelming need for effective recovery services for young women facing a myriad of issues including interpersonal violence, addictions, eating disorders, body image issues, and depression," says Shannon Thompson, Founder and Executive Director of Shakti Rising.

"We are deeply honored to have The Parker Foundation's support. The Parker Foundation's generosity will enable Shakti Rising to expand its reach and have a profound impact on the lives of women in our community and beyond."

The Parker Foundation was founded in 1971 for charitable purposes leading to the betterment of life for all people of San Diego County. With a net endowment of over \$40 million, the Foundation has granted over \$31 million since inception. The Foundation institutionalized the devotion of Gerald T. and Inez Grant Parker to the betterment of their community.

Shakti Rising is an innovative nonprofit organization working to create large scale social change by providing holistic, empowerment-based programs that facilitate individual and community transformation. Our work actively promotes community well-being by creating woman and child friendly societies that are safe, healthy, vibrant, diverse, sustainable and culturally alive. Our mission is to empower young women to uncover, rediscover, and reclaim their whole selves. For more information about Shakti Rising, please visit www.shaktirising.org or call 619-501-2746.

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